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Apurv Gupta, M.D., M.P.H.



Focus:

Healthcare Disruption & Innovation Trends | Leadership to Transform Healthcare | Physician Leadership and Burnout

Education:

Residency - Beth Israel Deaconess Medical Center/Harvard Medical School of Internal Medicine

M.P.H., Harvard University School of Public Health – Health Care Management

M.D. Brown University – Medicine

Sc.B. Brown University – Applied Mathematics/ Biology

Background:

Dr. Apurv Gupta is a Director in the Performance Excellence Practice at Navigant Consulting based in Boston. Apurv is a leader and innovator in healthcare, an expert in performance improvement and change

management, and a thought leader in the transformation of healthcare. He provides assessment and implementation services for healthcare organizations, with a particular emphasis on engagement of clinicians, mentoring of physician leaders, and alignment of executive leadership to improve clinical practices in addressing quality, supply utilization, and cost issues. Apurv has redesigned numerous hospitalist programs to improve productivity, increase physician engagement, and install sustainable governance.

Apurv's areas of expertise include:

Physician Leadership in a Time of Change:

How does the changing environment impact what is required of physician leadership?

What are the key ways in which physician leadership is expected to evolve over the next few years?

Trends and Adaptations 2018

What are the forces of healthcare impacting your practice and institutions today?

How have your colleagues and competitors adapted to these trends?

What can physician leaders do to help drive the adaptive process?

Grit & Resilience to Douse Physician Burnout

How can these two important psychological characteristics help with the growing concern about physician burnout?

How can one develop grit and resilience for oneself?

Is it possible to develop grit and resilience for institutions?

To book Apurv Gupta or for more information on finding the right speaker for your event please contact us on our website at www.hspeakers.com or call us at 857.770.1281.

