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## Ben Nemtin



#### Focus:

Speaking for Leadership in Healthcare | Keynote | Best Selling Author | Inspiration | Impossible is Possible

#### **Education:**

University of Victoria, 2003-2007

### **Background:**

Ben Nemtin and his three childhood friends started THE BURIED LIFE in Victoria, BC in 2006. They made a list of '100 things to do before you die' and for every list item they accomplished, they helped a complete stranger cross something off their bucket list. Since then, they have crossed off 'Write a #1 New York Times Bestselling Book', 'Make a TV Show (on MTV)', 'Be Interviewed by Oprah' and have helped reunite a father and son after seventeen years and surprised a young girl with a much needed bionic arm. Ben and his friends have crossed off 91 of 100 dreams and are currently filming The Buried Life documentary film.

Ben Nemtin is the #1 New York Times bestselling author of What Do You Want to Do Before You Die? and a star of MTV's highest rated show ever on

iTunes and Amazon called The Buried Life. As the co-founder of The Buried Life movement, Ben's message of radical possibility has been featured on The Today Show, The Oprah Winfrey Show, CNN, FOX, and NBC News. President Obama called Ben and The Buried Life "inspiration for a new generation" and Oprah declared their mission "truly inspiring." An acclaimed keynote speaker, Ben has headlined business conferences and Fortune 100 leadership teams around the world, garnering standing ovations from AIG, Anthem, Amazon, FedEx, Harvard, Microsoft, Verizon, and more. Global Gurus ranked Ben in the Top 30 Best Organizational Culture Thought Leaders in the World in 2019. In his first year of university, Ben was unexpectedly hit with a depression that forced him to drop out. In an attempt to feel more alive, he created the world's greatest bucket list with his three best friends. They borrowed a rickety old RV and crisscrossed North America, achieving the unthinkable. And most importantly, every time they accomplished a dream, they helped a complete stranger cross something off their bucket list. From playing basketball with President Obama to having a beer with Prince Harry, from reuniting a father and son after seventeen years to surprising a young girl with a much-needed bionic arm—Ben's bucket list quest has inspired millions to thrive personally and professionally.

